



2019 Norwalk Bidy Football Cheerleading



Are you ready for some football?! And **Cheerleading** of course!! ☺ The Norwalk Bidy Football Cheerleading Program (the Jr. Trucker) looking for some leaders with lots of TRUCKER SPIRIT!! The program is looking for 5th and 6th graders (current 4th and 5th graders) who LOVE to show their TRUCKER SPIRIT by jumping, kicking, yelling, and CHEERING! There are try outs for this program.

We are having our Catch the Spirit Night on Monday, April 22nd at in the Gym at Maplehurst Elementary School! Catch the Spirit Night is mandatory for anyone interested in cheering and their parents/guardians.

Catch the Spirit Night Agenda- April 22nd

5:30pm- 7:00pm Try Out Clinic for all cheerleading candidates

7:00pm-7:30pm Mandatory Parent & Cheerleader Meeting (review tryout information, constitution, rules, expectations, financial information, uniforms, and fundraisers, etc.)

Tryout Practice Dates: ALWAYS wear t-shirt, athletic shorts, tennis shoes to practice- no jewelry please, hair pulled back into a ponytail, and bring a water bottle ALL practices and tryouts will be held at Maplehurst Elementary

Monday April 22nd- Catch the Spirit Night- 5:30 - 7:30pm (Mandatory!) Parents arrive at 7pm for information meeting

Tuesday, April 23rd – 5:30 -7:30pm @Maplehurst *it is required that you attend all of practices to be eligible for tryouts

Thursday, April 25th- TRYOUTS- 5:30 -7:30 pm at Maplehurst

For Tryouts: Please wear a WHITE t-shirt (no printing), BLUE or GOLD shorts, and your tennis shoes- no jewelry and hair pulled back into a ponytail.

***To register for our Catch the Spirit Night please RSVP with your cheerleader's name, parent/guardian name and phone number via email to jenix77@yahoo.com by Friday April 19th. This will allow us to prepare the paperwork packets. Thank You!**

☺ Jr Trucker Coaching Staff

Jenny Borgeson & Phylis Woodruff- Head Coach /Program Coordinators

6th Grade Coaches: Jenny Borgeson, Jessica Evans

5th Grade Coaches: Jenny Borgeson, Crystal Norris

TRUCKER SPIRIT STARTS HERE!

Norwalk Biddy Football Cheerleading Parent Information

REQUIREMENTS:

-Attendance at **all** practices. Summer practices will begin in June. We will practice on Mondays from 5:30-7:30 pm – Maplehurst. In August we practice 1-day week in the evening also at Maplehurst.

-Attendance at **all** games. Games are held on Sundays, late August through October (usually 7-8 games). For 6th graders, an optional tournament is held in November.

-This is a traveling team and most games are played on Sunday afternoons; parents are responsible for transportation to and from ALL games.

-Attendance and participation in all Cheer Squad fundraising activities.

FEES/OTHER COSTS:

- Cheerleader fee will be \$40.00 for the 2019 season.
- Spirit Pack fee of approximately \$85.00 The Spirit Pack will include items of the uniform which you will keep; navy blue crop top, navy blue briefs, socks, hair bow, practice shirt and shorts and cheer bag. These are items that you will keep. If you have these items from a previous year and they are in good condition you do not need to purchase them.
- Shoes approximately \$55- each cheerleader will need to purchase the same shoes. Information on ordering will be available after try outs.
- Cheer top, skirt and warm up are provided by Norwalk Biddy Football Cheerleading and will be returned at the end of the season. You are responsible for lost and damaged uniform and warm up items.

FUNDRAISER: We will be doing a fundraiser in August with the football team to earn money for the cheerleading program. You may opt out of the fundraiser by donating \$150.00 to Norwalk Biddy Football.

**This is a condensed version, the complete requirements, fees, rules, uniform, and fundraiser information; etc will be discussed at the meeting on April 22nd.

ADDITIONAL THOUGHTS: The time commitment for this program is larger than most other sports due to the amount of material learned and coordination with other members of the squad. For that reason, you will want to think about committing to other sports during the cheer season. There is a volleyball program as well as fall softball for this age group- you would not be able to do both as games are on Sundays. There is not any way to accommodate these programs and cheer. I do not mean to discourage anyone; I just want you to know beforehand of the conflict. Cheerleading takes a whole group of people working together for routines and cheers- everyone has their role and position in the formations- attendance is **VERY** important.

Each practice will include team building games and others fun stuff. A major goal of this program is to help build self-confidence, self-image, and a sense of team in addition to teaching basic cheer skills.

Our goal is to give you as much information as we can to make your choice to try out as easy as possible, plus it makes the season go smoothly. If you ever have a concern or question, please do not hesitate to call or talk to us personally after a practice or game.