

Norwalk Middle School

Norwalk High School



**Athletes
please sit with
your parents**

O.H.S.A.A.

Pre-Season Parent

Meeting

Norwalk Athletic Department

- Director of Student Activities: **Josh Schlotterer**
 - 419-660-6522
 - Email: schlottj@norwalktruckers.net
- Student Activities Secretary: **Karen Wiedemann**
 - 419-660-6522
 - wiedemak@norwalktruckers.net
 - Middle School AD Dean of Students:
 - **Ray Scheid**
 - 419-660-1750
 - scheidr@norwalktruckers.net

Benefits of High School Athletics

- Complements your school experience
- Fosters a sense of community and teaches lifelong lessons of hard work, teamwork, citizenship, and discipline.
- Promotes a lifetime appreciation for sports and healthy lifestyles

Academics and Teamwork

- Student academic achievement and success takes priority over athletics achievement and success.
- The success of a team is more important than individual award.
- Participation in interscholastic athletics programs is a privilege, not a right!

How Decisions Will be Made

- I will do whatever I can to support and provide the resources needed to assist all students in achieving success both in and out of the classroom.
- All decisions made will be based on the policies put in place by OHSAA, the Norwalk Board of Education, and what is best for the **STUDENT**.
- I believe in open communication and collaboration and involving more than myself when making important decisions.

Expectations of Student Athletes

- Once a student has chosen to participate in a sport or extracurricular activity, they have made a choice to uphold to certain standards expected in this community.
- Norwalk High School and the Community expects its student-athletes to conduct themselves as “good citizens” of the school and community at all times
- **Academics Always Comes First!**

Academic Eligibility and the Student-Athlete

O.H.S.A.A. Requirements

- Must pass 5 credits the previous QUARTER and Summer school grades don't count.
- Must be 19 years of age
- Cannot turn 15 before July 31st (Middle School)
- A student is entitled to 8 semesters of participation at the high school.
- Go to www.OHSAA.org for more detailed information

Academic Eligibility and the Student-Athlete

Norwalk School District Requirements

- A student must earn grades in the previous 9 weeks that result in a 1.5 grade point average (GPA) for the 9 weeks when **ALL** grades for the 9 weeks are averaged.
- Any participant receiving two or more "F's" on the weekly eligibility list is automatically ineligible Monday through Sunday of the following week. If the student has not reduced the number of "F's" to one by the next weekly eligibility list, he/she will be ineligible to participate for the following week. High School students will be required to attend study tables. (High School Only) More information is available in the "Trucker Talk" student handbook
- **Be sure to let your counselor know that you are an athlete and what seasons you play. See counselor or A.D. BEFORE dropping any classes.**

Trucker Talk Handbook

Can be found on the Norwalk Truckers
Athletic Website

Make sure you read the handbook

365 Drug/Alcohol/Tobacco

Required Forms and Fees

1. Physical Exam (within 1 calendar year)
2. Acknowledgement of Insurance form
3. Concussion Information Sheet
4. Fisher Titus Permission to Treat form
5. Athlete/Parent Rules Acknowledgement Form
6. Athlete Creed
7. Emergency Medical Card
8. Helmet Warning (football only)
9. Sports Fees (First Contest)

All of the above signed forms MUST be on file in the A.D.'s office BEFORE the athlete is allowed to practice.

PAY-TO-PARTICIPATE FEE

- Check made payable to Norwalk City Schools.
- \$150 high school & \$75 middle school.
- \$350 family cap any combination 7th -12th
- Fee must be paid no later than the first contest in the sport. Once the deadline has passed, the athlete is not allowed to participate in any game until the fee is paid.
- Fee is non-refundable after the date of the first scrimmage or game.
- Paying the fee does not guarantee any playing time. Playing time is determined at the discretion of the coach.
- Athletes that are cut or quit before the season starts will receive a refund.

Important Rules to Remember:

- Athletes are expected to attend all practices, meetings, and games. The coach should be notified of the absence by a parent prior to the absence. The coach has the authority to determine whether or not the reason for absence is considered excused.
- To be eligible to participate in practice or games, an athlete must be in school by 11:00 AM.
- If suspended, the student is ineligible to participate or practice until the suspension is over.
- Athletes are required to travel on the team bus unless prior permission is granted by the Coach and Athletic Director.

If you have a concern to discuss with a coach, what procedure should you follow?

Follow chain of command.

1. Student-Athlete should talk with Coach first
2. If the issue/concern is not resolved, then the parent should contact the **Coach**
3. If issue/concern is not resolved, then the parent should contact the **Athletic Director**

Always make an appointment with the coach.

Do not approach a Coach before, during, or after a practice or game to discuss issue/concern.

Inappropriate topics to discuss with the coach or the athletic director:

- 1. Playing Time**
- 2. Team strategy or play calling**
- 3. Other student-athletes**

What if my child is injured?



- If an athlete is injured during a practice or game, they should report it to their coach immediately.
- The coach will determine whether the athlete should be evaluated by our Athletic Trainer.
- The trainer will evaluate the injury and will recommend treatment or further evaluation by a doctor. The trainer will send home written notification if he feels that a doctor should examine your child. He will also call home for serious injuries.
- If the trainer feels that a doctor should examine your child, a signed, written release by a doctor is required to allow the athlete to resume activity.
- Parents cannot override the doctor or trainers decisions.

• **Head injuries are to be treated with extreme caution. Concussions are not just “dings.”**

Some common signs and symptoms of a concussion may include:

- Headache or a feeling of pressure in the head
- Temporary loss of consciousness, loss of memory
- Confusion or feeling as if in a fog
- Dizziness or "seeing stars"
- Sensitivity to light and noise
- Ringing in the ears
- Nausea or vomiting
- Slurred speech

• REPORT ANY HEAD INJURY IMMEDIATELY TO OUR TRAINER. ONCE UNDER THE TREATMENT OF THE TRAINER ALL CONCUSSION GUIDELINES MUST BE MET BEFORE RETURN TO PLAY IS PERMITTED

- Help the Athletic Department provide our athletes with the best opportunities and experiences available by joining:

The Norwalk Athletic Boosters

President: **Steve Traczek**

1st Vice President: **Mike Smith**

2nd Vice President: **Eric Mozina**

Secretary: **Kim Maloney**

Treasurer: **Norm Sommers**

Boosters meet the second Monday of each month.

Membership forms are available in the lobby.

Membership forms received by August 11th

will still make the fall program.

Ticket Prices

Track: All Tickets at the gate \$6.00

Middle School Events: \$3.00

Sports Passes

- Family Pass \$300 gets you in to all sporting events HS & MS all year
- Adult 10 punch card \$50 (saves \$10)
- Student 10 punch card \$30 (saves \$20)
- HS student fall pass \$20 winter \$30
- Passes are available in the Athletic Directors office weekdays from 8:00 A.M. – 3:00 P.M. starting Thursday
- **HOME EVENTS ONLY!!!**
- Excludes tournament games

Lindsey's Law

New legislation now requires all coaches, parents, and students to receive sudden cardiac arrest training.

<https://www.youtube.com/watch?v=s-YfCWQPeqw&feature=youtu.be>

Athletic Schedules and News

- Norwalk Trucker Website
- Facebook: Norwalk Trucker Athletic
- Twitter: @NHSTruckers