



# Huron County Public Health

## SHOULD MY CHILD STAY HOME?

### Fever

If your child has a fever of a 100 degrees or higher on the day of or the night before school, you should keep them home until they are fever free for 24 hours without medicine.

If they have a headache and stiff neck, seek medical help *right away*.

### Cold

If your child has a mild cough, sneezing, aching muscles and watery eyes keep them home on the first day or two. This is when they are most likely to spread the cold to others.

### Bad or Harsh Cough

Keep your child home and contact your child's healthcare provider. It is possible they could have bronchitis, flu, pneumonia, whooping cough or croup.

### Sore Throat

Keep your child home if they also have a fever, swollen glands, a hard time swallowing or talking or if their throat is red and swollen. A bad sore throat with a headache and/or upset tummy can be signs of strep throat. You should contact your child's healthcare provider.

### Vomiting, Stomachache, Diarrhea

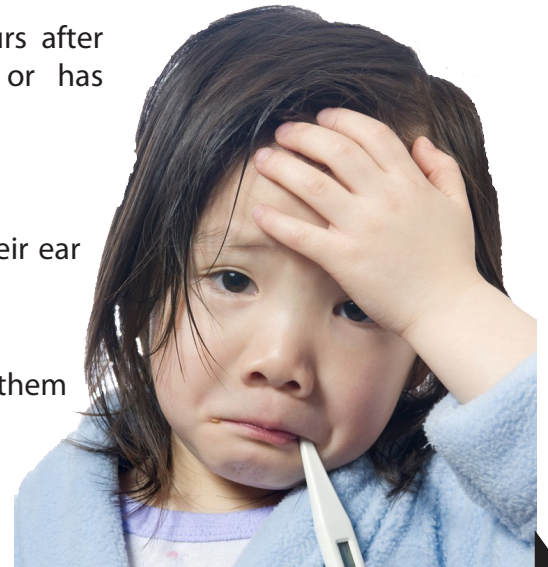
Keep your child home for at least 24 hours after the last time the child vomits (pukes) or has diarrhea without medicine.

### Earache

If your child has pain, drainage or blood from their ear canal, contact your child's healthcare provider.

### Pink Eye

Contact your child's healthcare provider and keep them home until 24 hours after treatment starts.



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**If you are unsure if your child should stay home,  
Contact your child's healthcare provider.**