

Norwalk HS Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

Vegetable Bar Fruit Bar
 Limited during Covid Limited during Covid

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Low Fat Chocolate and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
4 Macaroni and Cheese Steamed Broccoli Diced Peaches or Pears Choice of Milk	5 Walking Taco Steamed Corn Fruit Cup Choice of Milk	6 Mini Corn Dogs Mashed Potatoes Applesauce Choice of Milk	7 Grilled Cheese French Fries Diced Peaches or Pears Choice of Milk	8 BBQ Pulled Pork Steamed Green Beans Strawberries Choice of Milk	Coming Soon
11 Chicken Patty or Spicy Chicken Patty on a Bun Steamed Carrots Mixed Berries or Peaches Choice of Milk	12 Chill Dogs Or Nachos with Cheese Sweet Potato Fries Apple Sauce Choice of Milk	13 Bosco Stick with Marinara or Cheeseburger on a Bun Steamed Corn Strawberries or Pears Choice of Milk	14 French Toast Sticks Or Confetti Pancakes Hash Brown Mixed Berries or Peaches Choice of Milk	15 Popcorn Chicken Bowls Or Pizza Mashed Potatoes, Corn Sliced Apples Choice of Milk Look for Homemade Pizza Coming Soon	Coming Soon
18 No School	19 Chicken Quesadilla Or Chicken Nuggets Refried Beans Sliced Apples Choice of Milk	20 Meatball Subs with Cheese Or Chicken Cheese Steak Steamed Broccoli Pineapple Tidbits Choice of Milk New Menu Item	21 Macaroni and Cheese Or Pasta with Meat Sauce Steamed Corn Mixed Fruit or Mixed Berries Choice of Milk New and Improved Mac&Ch	22 No School	Coming Soon
25 Fresh-Made Grilled Cheese Or Chicken Nuggets Tomato Soup Diced Peaches Choice of Milk New and Improved Gr Ch	26 Beef Burrito Bowls Or Beef Soft Tacos Black Beans Peaches or Mixed Fruit Choice of Milk New Menu Items	27 Grilled Chicken on a Bun Or Chicken Sliders Green Beans Diced Pear or Strawberries Choice of Milk New Menu Items	28 Spaghetti with Meatballs Or Chicken Nuggets Garlic Breadstick Glazed Carrots Mandarina Oranges Choice of Milk	29 Egg & Cheese Bagel Or French Toast Bites Hash Brown Cinnamon Sliced Apples Choice of Milk	Coming Soon
31 Chicken Parm on a Bun Or Bacon Cheeseburger French Fries Diced Pears or Applesauce Choice of Milk New Menu Item					Lunch Prices: Currently meals are at NO cost to Students.

This Institution is an Equal Opportunity Provider.